



Wanda Brown

- Personal Trainer
- Fitness Instructor

Education:

University of Nebraska
B.S. Elementary Education/Human
Development

Certifications:

NDEITA Group Fitness Instructor
NDEITA Personal Trainer
Yoga Fit

Specialties:

- General fitness and well-being
- Motivation
- Strength Training
- Youth Fitness



*Shoreview
Community Center*

Tropics Waterpark
& Fitness Center 

